

# ACT LIKE A MAN BOX

## MEN ARE

Bread Winners

Violent

Mean

Bullies

Tough

Angry

Active

Strong

Successful

In Control of Women

## FEELINGS

Confused

Angry

Scared

Ashamed

Alone

Stupid

Powerless

Vulnerable

Revenge

Hopeless

Worthless

## MEN

Have no emotions

Stand up for  
themselves

Yell at people

Can take it

Don't make  
mistakes

Don't cry

Take charge

Push people around

Know about sex

Don't back down

Take care of people

